



Vet Centers offer individual, group, couples, and family counseling for you to talk through both combat experiences and everyday stressors in a confidential environment.



## Referrals

We help you navigate through timeconsuming tasks and receive referrals for medical, benefit, employment, and other VA and community-based resources near you.



## **Community Engagement**

Vet Centers create opportunities for you to bond with others who share similar experiences and work alongside community partners to advocate for your needs.

Our services are also offered through Mobile Vet Centers, in other community locations, and through virtual appointments.